



Lakeland KARATE



Children — Teens — Adults — Families

CONFIDENCE

SELF-DEFENSE

DISCIPLINE

COURTESY

FITNESS

Location:

Santa Fe Catholic School

3110 U.S. 92 Lakeland, FL 33801

Day & Time:

Monday 6:30-7:30pm

Cost:

\$50 per month 1st member

\$30 per month 2nd member

\$20 per month 3rd member

4th member FREE!

Ages:

Ages 5 years old to Adult

(813) 752-9800

www.ChrisWelbonKarate.com



Facebook.com/cwKarate

Class Information

Students of all ages and skill levels will enjoy training together in a high energy exciting class. The children experience the balance of fun and discipline, while the adults will get a great

full-body workout with practical self-defense training. Classes are taught at your own pace, so no experience is necessary.



***Contact us to set up
your FREE trial class!***

Instructor



Chris Welbon is the owner and head instructor of Chris Welbon Karate Clubs Inc. He began his martial arts training at age 8, and has had the opportunity to train in many different styles of martial arts, including, Shotokan, Tae-Kwon-Do, Judo, Ju-Jitsu and Kenpo. Mr. Welbon has earned a 1st degree black belt in Tae Kwon-Do, as well as a 4th degree black belt in Shotokan karate. He began teaching martial arts for his sensei has won many state and national titles as a member of the AAU

National Karate Team. He is an ACEP certified coach, a nationally rated referee, and has over 30 years of experience in martial arts training.

- **FREE Trial Class**
- **No Contracts**
- **Great Family Discounts**
- **Instills Discipline**
- **Improves Confidence**
- **Practical Self-Defense Skills**



Registration Form On Back





Chris Welbon
Karate Clubs Inc.
 Martial Arts School

Office Use	Monthly Rate \$ _____	Reg \$ _____	SP _____
Amt Due \$ _____	Amt PD \$ _____	Misc. \$ _____	Bal Due \$ _____
Month _____	Class- LT KK FM AD	Account- \$\$	CC CK CPI

Printed Name of Participant(s)

1. _____ M / F D.O.B ____/____/____ 2. _____ M / F D.O.B ____/____/____

3. _____ M / F D.O.B ____/____/____ 4. _____ M / F D.O.B ____/____/____

Address _____ City _____ State _____ Zip _____

Email _____ (____) _____ (____) _____
 Phone number 1 Phone number 2

How did you hear about us? _____

Release and Waiver of Liability and Indemnity Agreement

In consideration of being permitted to participate in any way in the Martial Arts Program indicated below and/or being permitted to enter for any purpose any restricted area (here in defined as any area where in admittance to the general public is prohibited), the parent(s) and/or legal guardian(s) of the minor participant named below agree:

1. The parent(s) and/or legal guardian(s) will instruct the minor participant that prior to participating in the below martial arts activity or event, he or she should inspect the facilities and equipment to be used, and if he or she believes anything is unsafe, the participant should immediately advise the officials of such condition and refuse to participate. I understand and agree that, if at any time, I feel anything to be UNSAFE; I will immediately take all precautions to avoid the unsafe area and REFUSE TO PARTICIPATE further.

2. I/We fully understand and acknowledge that:

- a. There are risks and dangers associated with participation in martial arts events and activities which could result in bodily injury partial and/or total disability, paralysis and death.
- b. The social and economic losses and/or damages, which could result from these risks and dangers described above, could be severe.
- c. These risks and dangers may be caused by the action, inaction or negligence of the participant or the action, inaction or negligence of others, including, but not limited to, the Releases' named below.
- d. There may be other risks not known to us or are not reasonably foreseeable at this time.

3. I/WE accept and assume such risks and responsibility for the losses and/or damages following such injury, disability, paralysis or death, however caused and whether caused in whole or in part by the negligence of the Releasees named below.

4. I/We HEREBY RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the martial arts facility used by the participant, including its owners, managers, promoters, lessees of premises used to conduct the martial arts event or program, premises and event inspectors, underwriters, consultants and others who give recommendations, directions or instructions to engage in risk evaluation or loss control activities regarding the martial arts facility or events held at such facility and each of them, their directors, officers, agents, employees, all for the purpose herein referred to as "Releasee"...From all liability to the undersigned, my/our personal representatives, assigns, executors, heirs and next to kin For any and all claims, demands, losses or damages and any claims or demands therefore on account of any injury, including but not limited to the death of the participant or damage to property, arising out of or relating to the events(s) caused alleged to be caused in whole or in part by the negligence of the releasee or otherwise.

5. I/We HEREBY acknowledge that THE ACTIVITIES OF THE EVENT(S) COULD BE DANGEROUS and involve the risk of serious injury and/or death and/or property damage. Each of THE UNDERSIGNED also expressly acknowledges that INJURIES RECEIVED MAY BE COMPOUNDED OR INCREASED BY NEGLIGENT RESCUE OPERATIONS OR PROCEDURES OF THE RELEASEES.

6. EACH OF THE UNDERSIGNED further expressly agrees that the foregoing release, waiver, and indemnity agreement is intended to be as broad and inclusive as is permitted by the law of the Province or State in which the event is conducted and that if any portion is held invalid, it is agreed that the balance shall, notwithstanding continue in full legal force and effect.

7. On behalf of the participant and individually, the undersigned partners(s) and/or legal guardian(s) for the minor participant executes this Waiver and Release. If, despite the release, the participant makes a claim against any of the Releasees, the parents(s) and/or legal guardian(s) will reimburse the Releasee for any money which they have paid to the participant, or on his behalf, and hold them harmless.

I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE, OR GUARANTEE BEING MADE TO ME AND INTEND MY SIGNATURE TO BE COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW.

Parent or Guardian Signature (under 18) _____ Date _____ Participant Signature (only 18 & older) _____ Date _____

Received by _____ Date _____ notes _____