November Lunch Menu

Student Name:_____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Buffalo Chicken Fried chicken in buffalo sauce on a toasted wheat bun w/chips 1	Half Day 2	Chicken Tenders Crispy southern style chicken tenders w/mac and cheese 3
SW Chicken Wrap Grilled chicken, lettuce, tom, corn, tortilla strips & SW ranch in a tom basil wrap w/pb&celery 6	Meatball Sub All beef meatballs in red sauce melted mozz in a toasted hoagie w/chips 7	Pepperoni Pizza Personal size beef pepperoni pizza. **Freshmen Retreat** 8	Baked Ziti Ground beef, marinara, mozzarella and pasta served with a bread stick 9	No School 10
Chicken Pasta Blackened chicken in our signature cream sauce, penne w/garlic breadstick 13	Chicken Parm Sandwich Breaded chicken w/marinara, provolone and carrots/ranch 14	Cheeseburger 100% Angus beef patty with American cheese on a toasted wheat bun w/chips **Senior Picture** 15	Chef Salad Turkey, mixed greens, tom, cukes, eggs, croutons & cheese with Ranch 16	Thanksgiving Turkey, mashed potatoes & gravy, green beans and apple cobbler. 17
Thanksgiving	Thanksgiving	Thanksgiving	Thanksgiving	Thanksgiving
Chicken Rice Bowl Grilled Chicken on a bed of homemade saffron rice with Asian glaze 27	Spaghetti & Meatballs Spaghetti w/meatballs and red sauce w/breadstick 28	Boneless Wings In buffalo sauce with mac and cheese **Junior Retreat** 29	Chicken Pasta Blackened Chicken in our signature cream sauce, penne w/ garlic breadstick 30	

If using Credit Card:
Name on Card:
Card #:
Expiration Date:

Circle the days you want to order lunch
# of days _____ x $5.25 = _____ (total due)
Orders are due 10/24 by 3:00
Make Checks Payable to SFC/Check # _____, or send Cash (exact change)